



EL Reguero Moro

CALLE CAMINO ANTIGUO DE VILLORIA, VILLAREJO DE ÓRBIGO (León)

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MENU

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COLD STARTERS

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|-------------------------------------------------------|---------|
| The Reguero Moro Salad | 9,00 € |
| Toast Grilled vegetables with pickled vegetables nice | 10,00 € |
| Homemade anchovies cured cheese | 12,00 € |
| Anchovies home on "pa amb tomaquet"; | 12,00 € |
| Beef carpaccio with shavings of foie Micuit | 14,00 € |
| Carpaccio of cured and marinated trout with dill | 10,50 € |
| Portion of "Pa amb tomaquet"; | 2,50 € |
| Language cured, roasted peppers and goat cheese | 13,00 € |
| Iberian acorn chips (100 g.) | 19,00 € |
| Maragata jerky chips (100 g) | 14,00 € |
| Toast of Iberian ham | 10,50 € |

HOT STARTERS

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|------------------------------------------------------|---------|
| Grilled vegetables with Romesco | 11,00 € |
| Sauteed octopus, shrimp and chickpeas | 12,80 € |
| Oven roasted sausages | 8,00 € |
| Puff Pastry "Cap and squid"; steak with ratatouille | 9,00 € |
| Pig's trotters stewed in our own way | 8,00 € |
| Pig's trotters stewed with chickpeas our way | 8,00 € |
| Fried eggs with foie gras and truffled potato sticks | 15,00 € |
| Our king prawns with garlic | 12,00 € |

GRILLED APPETIZER

| | |
|------------------------------------------|---------|
| Veal sweetbreads with garlic and parsley | 16,00 € |
| Tentacle Greek octopus | 17,00 € |

TIPS

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|------------------------------------------------------|---------|
| Luncheon shank with quince aioli and roasted peppers | 9,50 € |
| Mussels our way | 8,50 € |
| Cockles grilled Ria | 13,00 € |
| Hake with seafood sauce with cockles | 15,00 € |
| Grilled sea bass with roast potatoes | 19,00 € |

PLATES OF THE MYCOLOGICAL

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|--------------------------------------------------|---------|
| Amanita Caesarea carpaccio with truffle oil | 20,00 € |
| Boletus pinicola grilled with garlic and parsley | 15,00 € |
| Boletus pinicola confit with foie - micuit | 18,00 € |
| Sauteed wild mushrooms | 15,00 € |
| Albardados prawns with bacon on mushroom sauce | 11,00 € |
| Grilled cod with Mount Romesco and fried eels | 19,00 € |
| Iberian palette steak sauce Amanita Caesarea | 19,00 € |

MEAT FROM THE MOUNTAINS OF TOLEDO GRILLED

| | |
|-------------------------------|---------|
| Breast of veal with aubergine | 13,00 € |
| Marinated mutton | 12,00 € |
| Yearling ribeye Center | 20,00 € |
| Iberian lamb chops | 16,00 € |
| Iberian pork sirloin | 14,00 € |

PASTA AND RICE

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|-----------------------------------------------------|---------|
| Gnocchi wild oyster mushrooms and crispy jerky | 10,00 € |
| Tortelone with mushrooms and foie - micuit | 13,00 € |
| Mediterranean Noodles (2 persons) Price per serving | 12,00 € |
| Paella (minimum two servings) per serving price | 12,00 € |
| Rice black (minimum 2 servings) price per serving | 12,00 € |

COD

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|------------------------------|---------|
| Cod Ajorreguero | 17,00 € |
| Cod "The Llauna) | 16,00 € |
| Grilled cod with ratatouille | 15,00 € |
| Cod with garlic prawns | 17,00 € |

MEAT

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|------------------------------------|---------|
| Iberian Cheeks sauteed apple | 10,00 € |
| Shoulder of lamb grilled Spanish | 22,00 € |
| Confit of duck with orange chutney | 13,00 € |

BUTCHERS

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|--------------------------------------------------------------|---------|
| Beef tenderloin with foie gras | 18,00 € |
| Taco beef tenderloin with bacon and sauce albardado to taste | 15,00 € |
| Gourmet burger (beef, mushrooms and foie) | 9,50 € |
| Secret of Iberian green pepper sauce | 13,00 € |
| Iberian Dam with potatoes and aioli | 15,00 € |
| Sausage with beans Ganxet "fries and aioli" | 9,00 € |
| Lamb burger with blueberry | 11,00 € |


Allergen Information


 Cereals with gluten

 Crustaceans

 Eggs


 Fish


 Peanuts

 Soybeans


 Milk

 Tree nuts

 Celery

 Mustard

 Sesame

 SO₂ (sulphites)

 Lupin

 Molluscs

Allergen information is displayed in accordance with **Regulation (EU) No 1169/2011** on the provision of food information to consumers.

Depending on each menu and on the information provided by the establishment, dish allergens **may or may not be shown**. Where indicated, the information is **for guidance only** and may contain **errors or omissions**, and there may also be **traces due to cross-contamination**. If allergens are **not shown** on the menu, the customer must **explicitly check with the establishment** before ordering or consuming.

The establishment's responsibility relates exclusively to the information it provides **directly to the customer** at the time of ordering and service, **after the customer has expressly communicated their allergies or intolerances and requested confirmation** of the dish composition. The customer must always **inform** the establishment of their allergies/intolerances and **confirm** the suitability of the dish before ordering and consuming it. The data shown on ConMenu are **for information purposes** and may contain errors or omissions; **ConMenu does not guarantee their accuracy and accepts no liability** for their use.