



La Mary León Restaurant
PLAZA DON GUTIERRE 5, LEÓN (León)
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OUR MENU



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STARTERS

Cured beef tongue Arbequina olive oil and La Vera paprika	14,20 €
Cecina de León "Nieto" IGP Protected Geographical Indication	16,00 €
Russian salad with piparras, tuna loins, and mustard	14,50 €
Salad of pickled trout spinach shoots with mango, honey, and mustard vinaigrette	13,90 €
Goat cheese shavings salad with mango, granola, and honey vinaigrette	12,10 €
La Mary's spicy potatoes with Babia chorizo and romesco sauce	11,20 €
Assorted mini croquettes (9 units)	12,15 €
Leon Black Pudding with toasts	11,50 €
Pig trotter carpaccio pistachios, scallion, chives, and vinaigrette	16,80 €
Semi-cooked Foie Gras with fig jam and its little toasts	19,95 €
Andalusian squid with aioli and lemon	14,50 €
Meat-filled fritters with aged sheep cheese "Marsan" from Valencia de Don Juan	15,20 €
Fresh mussels in cava accompanied by a mild traditional vinaigrette	12,02 €
Scallops grilled with garlic and parsley	12,00 €

SPOONFUL (LEGUME OF THE YEAR FROM SANTA MARÍA DEL PÁRAMO)

Lentil

Stewed vegetables with grilled fresh foie gras
escalope

13,80 €

Chickpeas

stews with porcini mushrooms

15,20 €

Verdinas

stewed with octopus and prawns

17,40 €

RICE DISHES (FOR TWO PEOPLE, PRICE PER PERSON)

Black with squid ink

squid, artichokes, and aioli

16,80 €

Iberian secret with boletus

17,80 €

With vegetables from the garden

with asparagus and artichokes

14,95 €

MEATS

From fish and seafood from the Cantabrian Sea.

with scallops, prawns, hake, and monkfish

19,00 €

Iberian lizard

with potatoes and peppers

16,90 €

Iberian fan

with potatoes and peppers

19,90 €

Suckling lamb at low temperature

with potatoes and roasted peppers

24,60 €

Veal Rabo

Traditional stew

19,80 €

Black Angus ribeye

Slow-cooked beef with creamy celeriac.

23,90 €

Entrecôte

beef with french fries and peppers

22,50 €

Tenderloin

beef with potatoes and peppers

26,50 €

Meat chop

Leonese beef (minimum 30 days of maturation).

Price per kilogram.

54,00 €

FISH

Grilled wild squid

Sautéed vegetables and homemade aioli

24,90 €

Lobster stew

Shrimp and prawns (for 2 people)

49,90 €

Grilled hake

with clams and sautéed vegetables

19,80 €

Codfish Leonese style

with roasted garlic

22,60 €

Cod cheeks in pil pil sauce

32,00 €

CHILDREN'S DISHES

chicken breasts fried in breadcrumbs

11,96 €

with potatoes

Hake

14,70 €

grilled with potatoes

Penne with Tomato

9,50 €

SWEET ENDING

Chocolate Coulant

7,00 €

Coulant white chocolate

7,50 €

Cream and egg yolk flan

6,00 €

Creamy goat cheese cake "Facendera"

7,50 €

Tart Granny

6,50 €

with vanilla ice cream

Mango in textures

6,50 €

Homemade Oreo

7,00 €

filled with mascarpone cheese and drizzled with salted caramel

Apple pie

6,50 €

with vanilla ice cream and PX reduction

BREAD

Seed bread


1,50 €

Gluten-free bread

1,90 €

All prices include VAT.

Allergen Information

 Cereals with gluten

 Crustaceans

 Eggs

 Fish

 Peanuts

 Soybeans


 Milk


 Tree nuts

 Celery

 Mustard

 Sesame

 SO₂ (sulphites)

 Lupin

 Molluscs

Allergen information is displayed in accordance with **Regulation (EU) No 1169/2011** on the provision of food information to consumers.

Depending on each menu and on the information provided by the establishment, dish allergens **may or may not be shown**. Where indicated, the information is **for guidance only** and may contain **errors or omissions**, and there may also be **traces due to cross-contamination**. If allergens are **not shown** on the menu, the customer must **explicitly check with the establishment** before ordering or consuming.

The establishment's responsibility relates exclusively to the information it provides **directly to the customer** at the time of ordering and service, **after the customer has expressly communicated their allergies or intolerances and requested confirmation** of the dish composition. The customer must always **inform** the establishment of their allergies/intolerances and **confirm** the suitability of the dish before ordering and consuming it. The data shown on ConMenu are **for information purposes** and may contain errors or omissions; **ConMenu does not guarantee their accuracy and accepts no liability** for their use.