



Restaurante Alborada

AVDA CONDESA SAGASTA 24, LEÓN (León)

Tel: 987221912

reservas@restaurantealborada.es



MAIN MENU

Impreso el 23/11/2025 17:34



STARTERS

| | |
|---|---------|
| Grilled confit artichokes | 14,50 € |
|  | |
| Russian salad | 14,00 € |
|   | |
| Cheese and nuts salad | 18,00 € |
|   | |
| Clams in marinara or pan style | 25,00 € |
|  | |
| Galician-style octopus with potatoes | 25,00 € |
|  | |
| Fresh prawns from Huelva | 29,00 € |
|  | |
| Andalusian-style fried squid | 23,00 € |
|   | |
| Grilled small scallops | 21,00 € |
|  | |
| Cured beef croquettes | 14,00 € |
|    | |
| Artisan cured beef from León | 23,00 € |
| Stewed sweetbreads | 21,00 € |

FISH

| | |
|--|---------|
| Hake in green sauce | 27,00 € |
| ➡ | |
| Tavern-style cod | 26,00 € |
| ➡ | |
| Cod over beef trotter and snout stew | 27,00 € |
| ➡ | |
| Grilled turbot | 29,00 € |
| ➡ | |
| Grilled hake | 26,00 € |
| ➡ | |
| Grilled wild monkfish with garlic | 27,00 € |
| ➡ | |
| Fried monkfish | 24,50 € |
| ❖ ❖ ❖ | |
| Baked John Dory for 2 people | 70,00 € |
| ➡ | |
| Baked hake neck or tail (for 2 people) | 58,00 € |
| ➡ | |

MEATS

| | |
|---------------------------|---------|
| Lamb chops | 23,50 € |
| | |
| Stewed pig trotters | 20,00 € |
| | |
| Stewed Iberian pork cheek | 19,00 € |
| | |
| Oxtail stewed in red wine | 22,00 € |
| ❖ ❖ | |
| Beef entrecôte | 25,00 € |
| | |
| Beef sirloin | 29,00 € |
| | |

DESSERTS

| | |
|---|--------|
| Cheese cream with sweet wine reduction and raisins | 5,00 € |
|    | |
| Cream and egg yolk flan | 5,00 € |
|   | |
| Cheese and warm chocolate puff pastry | 6,00 € |
|    | |
| Rice pudding | 4,50 € |
|  | |
| Almond cake | 6,00 € |
|    | |
| Fresh cheesecake | 5,00 € |
|    | |
| Apple tart with puff pastry | 5,00 € |
|    | |
| House dessert | 6,00 € |

Our stews and sauces contain gluten. Container and bag for leftover food 1€

Allergen Information

| | | | |
|---|---|--|---|
|  Cereals with gluten |  Crustaceans |  Eggs |  Fish |
|  Peanuts |  Soybeans |  Milk |  Tree nuts |
|  Celery |  Mustard |  Sesame |  SO ₂ (sulphites) |
|  Lupin | |  Molluscs | |

Allergen information is displayed in accordance with **Regulation (EU) No 1169/2011** on the provision of food information to consumers.

Depending on each menu and on the information provided by the establishment, dish allergens **may or may not be shown**. Where indicated, the information is **for guidance only** and may contain **errors or omissions**, and there may also be **traces due to cross-contamination**. If allergens are **not shown** on the menu, the customer must **explicitly check with the establishment** before ordering or consuming.

The establishment's responsibility relates exclusively to the information it provides **directly to the customer** at the time of ordering and service, **after the customer has expressly communicated their allergies or intolerances and requested confirmation** of the dish composition. The customer must always **inform** the establishment of their allergies/intolerances and **confirm** the suitability of the dish before ordering and consuming it. The data shown on ConMenu are **for information purposes** and may contain errors or omissions; **ConMenu does not guarantee their accuracy and accepts no liability** for their use.